

## Essendon Netball Club (ENC)

May 2022

### Organisation details

Organisation: Essendon Netball Club

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References: [Netball Victoria – COVIDSafe Community Netball Information – 22 April 2022](#)

## 1. ENSURE PHYSICAL DISTANCING.

**You must ensure participants, volunteers and organisers are 1.5 metres apart as much as possible.**

The ENC participates in both the Essendon Netball District Netball Association (ENDA) and Parkville Netball Competitions.

In relation to match day and training, all ENC participants are expected to comply with the relevant site COVID-19 safety requirements.

For site specific information please refer to the following:

ENDA: <https://www.essendondna.com.au/>

Parkville: <https://melbournesportscentres.com.au/terms-conditions/>

ENC will, where it is reasonably practicable:

- limit access to indoor spaces where it is deemed unnecessary
- minimises large gatherings
- encourage participants to minimise unnecessary bodily contact
- train in small groups on separate courts
- train and play outdoors
- limit crossing over with other training groups / games

## 2. WEAR A FACE MASK.

All ENC participants must follow the current public health advice and Government guidelines on wearing a face mask in Victoria.

- Face masks are not required at outdoor venues.
- It is recommended that face masks are worn where 1.5 metre physical distancing cannot be maintained.
- ENC recommends that all participants at training and games carry a face mask.
- A face mask must be worn by a household contact when outside of their home.

### 3. PRACTICE GOOD HYGIENE AND IMPLEMENT THOROUGH CLEANING PROTOCOLS.

ENC participants should not attend training, games or other ENC functions if they have any COVID-19 symptoms.

The ENC encourages all participants to wash their hands regularly and maintain 1.5 metre physical distancing where possible.

Players are discouraged from shaking hands or making physical contact outside of match play and should not share drink bottles, hand towels or other personal items.

The ENC will:

- clean and sanitise equipment regularly
- wash bibs after use
- provide hand sanitiser in situations where it is not provided by the relevant venue
- provide the necessary cleaning resources and equipment and personal safety equipment to people carrying out cleaning roles

### 4. KEEP RECORDS AND ACT QUICKLY IF PARTICIPANTS, VOLUNTEERS OR ORGANISERS BECOME UNWELL

All ENC participants are required to comply with site specific requirements and association rules at the venues which they attend.

#### Vaccine Requirements

There is no requirement for participants, or those required to support the activity, to be fully vaccinated to take part in community sport. This includes coaches, umpires, supervisors.

However, existing vaccinate mandates for workers in community netball still apply.

#### Reporting a Positive Test

Anyone that **tests positive** after being involved in netball activity must:

- Immediately notify their team manager and / or coach about their positive result.
- Immediately notify the Club Secretary at [info@essendonnetballclub.com.au](mailto:info@essendonnetballclub.com.au) about their positive result.
- The ENC will:
  - Notify all players in the relevant team;
  - Notify the relevant netball association;
  - Notify the opposition team and both umpires.
- Report their result: <https://www.coronavirus.vic.gov.au/report>.
- Follow the Checklist for COVID Cases: <https://www.coronavirus.vic.gov.au/checklist-cases>.
- Isolate at home for 7 days from the date of the positive test.

#### Household Contacts

Netball Victoria has recommended that household contacts should **not** train, play or participate in a community netball activity.

Based on this recommendation, **household contacts are not allowed to train, play or participate in any ENC activities for the duration of their 7-day household contact period.**

All household contacts should immediately notify their team manager and / or coach that they are a household contact.

A household contact is someone that has spent more than four hours with someone who has COVID inside a house, accommodation or care facility.

- If you are a household contact, you do not need to isolate at home if you test negative using a Rapid Antigen Test.
- If you are a household contact, you must:
  - Take a Rapid Antigen Test on 5 out of the 7 days and return a negative result on each test.
  - Wear a mask indoors when you leave home.
- If all tests are negative by day 7, you are released from all household contact requirements.
- If you do not follow these steps, you must isolate at home for 7 days.
- If you test positive:
  - Report your result: <https://www.coronavirus.vic.gov.au/report>.
  - Follow the Checklist for COVID Cases: <https://www.coronavirus.vic.gov.au/checklist-cases>.
  - Isolate at home for 7 days from the date of the positive test.

### **Social and Workplace Contacts**

Social and workplace contacts may continue to train, play and participate in community netball if they do not have any COVID symptoms.

A social or workplace contact is someone that has spent more than 2 hours in the same indoor space (such an office or restaurant) with someone who has COVID.

- Any social or workplace contact experiencing symptoms should use a Rapid Antigen Test.
- If the test is negative, there is no need to isolate, but the contact should monitor for symptoms and use a Rapid Antigen Test daily for 5 days.
- If you test positive:
  - Report your result: <https://www.coronavirus.vic.gov.au/report>.
  - Follow the Checklist for COVID Cases: <https://www.coronavirus.vic.gov.au/checklist-cases>.
  - Isolate at home for 7 days from the date of the positive test.

### **School and Childcare Contacts**

It is recommended that students and staff at schools and childcare settings undertaken regulator Rapid Antigen Testing.

Any social or workplace contact experiencing symptoms should use a Rapid Antigen Test.

For more information regarding COVID Contacts please visit:  
<https://www.coronavirus.vic.gov.au/checklist-contacts>

Anyone that tests positive should not attend training, games or any ENC function until they have completed their isolation period and have complied with all current public health advice and Government guidelines.

## 5. AVOID INTERACTIONS IN ENCLOSED SPACES

ENC will, where it is reasonably practicable:

- organise activities in outdoor environments
- limit access to indoor spaces where it is deemed unnecessary
- train and play outdoors
- conduct administrative activities outdoors, or in a well-ventilated space
- leave doors and windows open to encourage airflow

## 6. CREATE WORKFORCE/ACTIVITY BUBBLES

ENC will, where it is reasonably practicable:

- limit the crossing over and mingling of groups
- extend the time between sessions to minimise groups mingling